



# INCLUSION IN OUR EVERYDAY LIVES



## Mindset

"I think there are 2 factors to inclusion. One is the physical structure – whether or not spaces and places are accessible for children with additional needs. The other is the mentality of the people; the mindset, which is what allows or hinders us from being truly inclusive."

"Starting with our community is good, inclusion in the small things. Especially for people around children with additional needs, because they have more opportunities to get closer to them, and to understand them better. Simple things like enjoying celebrations together as a community is really one great thing for a start."

## Sense of Belonging

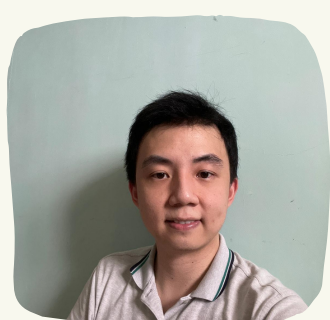
## Willingness to Connect

"It can be a very delicate process to gain rapport with families of children with additional needs. We need to have compassion, empathy and understanding, that even the most basic activity, like bringing their child to the playground, can be very daunting.

I realized that it is important to put aside our own pre-conceived ideas and stereotypes, and be willing to connect with them; to listen to their perspectives and try to understand where they're coming from."



Visit this [link](#) to learn more about inclusive practices within Chris's classroom and how you can try them too!



CHRIS ENJOYS MEETING NEW PEOPLE AND EMBARKING ON NEW EXPERIENCES. HE IS SOMEONE WHO IS EAGER TO LEARN AND ALWAYS STRIVES TO BE BETTER.  
THIS WILL BE HIS 6TH YEAR AS AN EARLY INTERVENTIONIST WITH AWWA EIC.

To learn more about inclusion, go to [www.include.sg](http://www.include.sg)