

# TIPS ON ENCOURAGING INCLUSION

from a parent's perspective

**Janet Lim, mother of a child with autism**

Visit [include.sg](https://include.sg) for more resources on inclusive education

# ADOPT AN INCLUSIVE MINDSET

Parents should embrace the concept that every child is different and unique in their own way, and also believe in the importance of an inclusive society.

Create opportunities for the child to participate in activities such as play dates and outings with other children (e.g., relatives, neighbours, friends' children)



# DEVELOP PASSION & PATIENCE

Parenting a child with additional needs is a learning journey, which requires a passion to constantly seek knowledge and patience to teach children the way they learn.

Always believe that children with additional needs can also excel in their ways at their own pace and contribute meaningfully to the society.



# SHOW COMMITMENT FOR SUPPORT PROGRAMS

Commit time for your child and actively sign them up for support programs that are available in the community.

Join your child in the activities and spend quality time together. Also, use the opportunity to interact with other participants.



# BUILD SUPPORTIVE RELATIONSHIPS

Have open conversations with the teachers and other children's parents to help facilitate acceptance and understanding.

Start a peer group when your child is young so that those peers will come to understand and appreciate your child.

